

CPS Specialty Trainings

Motivation & Recovery

Date and Time: July 23, 2021: 9:00a.m. - 12:00p.m. **Trainer:** Scott Breedlove

Description: This training will take a look at the concept of motivation and how motivation is used throughout the recovery process. Concepts discussed will include a motivational timeline, static vs. dynamic motivation and how motivation works within each stage of change/stage of recovery.

Harm Reduction

Date and Time: August 27, 2021: 9:00a.m. – 12:00p.m. **Trainer:** David Stoecker

Description: This training will explore the concepts of harm reduction. Questions will be answered such as what is harm reduction, is harm reduction effective and is harm reduction legal? Myths regarding harm reduction techniques will be analyzed and discussed.

Post Incarceration Syndrome

Date and Time: September 10, 2021: 9:00a.m. - 12:00p.m. **Trainer:** Rachel Jones

Description: This training will provide information regarding Post Incarceration Syndrome. How does incarceration impact a person and how does the trauma of incarceration impact an individual long after leaving prison. The training will discuss effective strategies to help individuals navigate the transition back into the community.

Contact Hours: 3 Hours, approved by MCB **Confirmation:** By E-mail

Cancellations: MUST be done 1 week before the training

To register: Please print or type your information below and return the form by e-mail to help@missouricb.com or by fax to 573-616-2303 or mail with check or money order to MCB, 428 E. Capitol Ave., 2nd Floor, Jefferson City, MO 65101.

Name _____

Address: _____

City, State, Zip: _____

Home or Cell: (_____) _____ - _____ Work: (_____) _____ - _____

Email address: _____

Each training will be limited to 30 people. To secure a spot in any of these trainings the MCB must have your REGISTRATION FORM and FEE in the office before you will be added to the roster, otherwise you will be placed on a waiting list until fee is received in the office.

Registration Fee: \$20.00 Each Training

If paying by CC (Visa, MC or Discover):

Credit Card Number _____ - _____ - _____ - _____ Expiration Date _____ / _____

Credit Card 3 Digit Verification Code: _____

*Note – there is always a possibility of MCB trainings being cancelled if there are not enough participants signed up. A 1 week notice will be provided to participants.