

Peer support services differ from other mental health services because it relies on the lived experience of the provider.

SAMPLE

Certified Missouri Peer Specialist Job Description

Job Qualification:

A Certified Missouri Peer Specialist must have at least a high school diploma or equivalent and applicable training and testing as required by the Department of Mental Health and be supervised by a qualified mental health professional as defined in Code of State Regulations.

Background:

The Certified Missouri Peer Specialist shall be considered a member of the treatment team and shall participate in staff meeting discussions regarding individual care of persons served. Certified Missouri Peer Specialists may not be assigned an independent client caseload.

The purpose of peer support services is to assist individuals served in their recovery from mental illness. The individualized treatment plan of the person served should determine the focus of this service.

Peer support services are person-centered with a recovery focus. Services allow individuals the opportunity to direct their own recovery and advocacy processes. Peer support promotes skills for coping with and managing symptoms while facilitating the utilization of natural supports and the preservation and enhancement of community living skills.

Peer support services are helping relationships between individuals and Peer Specialists that promote respect, trust, and warmth and empower individuals to make changes and decisions to enhance their lives. Peer support services are directed toward achievement of specific goals that have been defined by the person served and specified in the individualized treatment plan. Activities provided by the Peer Specialist emphasize the acquisition, development, and expansion of the rehabilitation skills needed to move forward in recovery. Interventions are built on the unique relationship between the Peer Specialist, the individual served, and his or her family unit.